

Are you using physical activity or exercise to lose weight or keep from gaining weight?*

Kentucky BRFSS 2001

Geographic Groups	Total Respond.#	Yes			No		
		N	%	C.I.(95%)	N	%	C.I.(95%)
TOTAL	4458	2291	55.0	(52.9-57.0)	2167	45.0	(43.0-47.1)
ADDs							
Barren River	330	177	53.8	(47.7-59.7)	153	46.2	(40.3-52.3)
Big Sandy	262	111	46.3	(39.4-53.4)	151	53.7	(46.6-60.6)
Bluegrass	324	173	57.0	(50.8-63.1)	151	43.0	(36.9-49.2)
Buffalo Trace	241	133	61.7	(48.1-73.7)	108	38.3	(26.3-51.9)
Cumberland Valley	272	124	44.1	(37.5-51.0)	148	55.9	(49.0-62.5)
FIVCO	338	177	52.1	(46.0-58.2)	161	47.9	(41.8-54.0)
Gateway	338	174	57.5	(49.6-65.1)	164	42.5	(34.9-50.4)
Green River	234	101	45.3	(38.0-52.9)	133	54.7	(47.1-62.0)
Kentucky River	271	124	46.4	(39.4-53.5)	147	53.6	(46.5-60.6)
KIPDA	353	211	61.3	(55.4-66.9)	142	38.7	(33.1-44.6)
Lake Cumberland	263	128	51.0	(44.0-58.0)	135	49.0	(42.0-56.0)
Lincoln Trail	294	167	57.0	(50.5-63.2)	127	43.0	(36.8-49.5)
Northern Kentucky	349	206	57.8	(52.0-63.5)	143	42.2	(36.5-48.0)
Pennyrile	277	132	51.6	(44.9-58.2)	145	48.4	(41.8-55.1)
Purchase	312	153	51.9	(45.7-58.0)	159	48.1	(42.0-54.3)

*This question is asked only if the respondent reported trying to lose or maintain weight.

#Use caution in interpreting data for total respondents less than 50. N = Cell Size, NH = Non-Hispanic, %

= Percentage, C.I.(95%) = Confidence Interval (at 95 percent probability level).

Percentages are weighted to population characteristics.

Unless stated differently above, Missing, 'Don't know', and Refused responses are excluded.